

**Explore:
Sacred Sites**

**Receive:
Energy Transmissions**

**Activate:
Yourself for 2020 & beyond**



Join Linda M. Held, intuitive coach and guide, on a transformational journey to Peru December 4 – 12, 2019.

Explore Peru's ancient temples, sacred mountains, and wisdom from the Andean Cosmo-vision on a nine-day mystical journey.

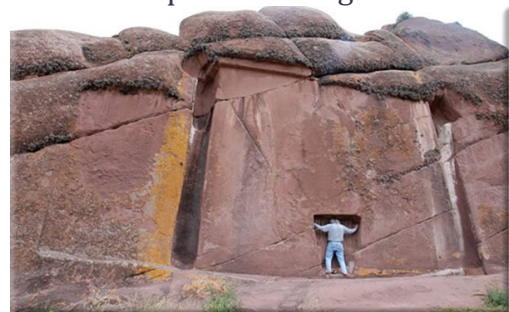


Activate and accelerate your transformation by visiting Peru's Sacred Valley, Lake Titicaca and Machu Picchu.

Receive the rites of the Munay-Ki, coca leaf tea readings, a despacho ceremony of prayers for Mother Earth, transmissions from the sacred mountains & star portals, a sweat lodge and optional plant medicines, energy healings, flower baths or massage.

\$2222 is the cost of the retreat, with a \$222 non-refundable deposit due August 31.

The price of the retreat includes your hotel stay, most meals, transportation to and from the Cusco airport and to and from the sacred sites of Lake Titicaca, the Amaru Muru 'Star Gate', Pisac Ruins and Machu Picchu. It also includes your hotel stay at Nidra Wasi Holistic Retreat Center and at Lake Titicaca. It does not include airfare and some personal meals, tips and shopping money, for which it is recommended that you bring \$555 dollars.



To learn more and RSVP, contact Linda M. Held at: (530) 926-1427 or lindamheld@aol.com